

Calories in Wild Game (Wild Turkey Breast)

Nutrition Facts

Generic - Wild Game (Wild Turkey Breast)

Servings: 1

Calories	163	Sodium	0 mg
Total Fat	1 g	Potassium	0 mg
Saturated	0 g	Total Carbs	0 g
Polyunsaturated	0 g	Dietary Fiber	0 g
Monounsaturated	0 g	Sugars	0 g
Trans	0 g	Protein	26 g
Cholesterol	55 mg		
Vitamin A	0%	Calcium	0%
Vitamin C	0%	Iron	0%

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Source: <http://www.myfitnesspal.com/food/calories/generic-wild-game-wild-turkey-breast-195730570>
